

# UNLOCK THE VALUE OF Your Medicare Plan



**Chen** Senior  
Medical Center  
A CHENMED COMPANY

# HOW TO CHOOSE a Doctor that Values You

As you get older, you may see your doctor more often. It's important to choose a doctor who meets your needs and makes time for you. The right doctor can help you address your medical conditions and live a healthy life.

How do you choose the right doctor?



## HERE ARE 8 THINGS TO LOOK FOR IN A DOCTOR:



### **Experience with older adults:**

As you get older, you should work with a doctor who understands your stage of life. You want a doctor who works with older adults and will understand your needs.



### **Good listening skills:**

Make sure your doctor will happily take the time to listen to your needs and concerns.



### **Time to focus on you:**

Some doctors care for hundreds or thousands of patients. That can make your appointments short and rushed. Make sure to find a doctor who spends enough time with you to answer all your questions.

## How to Choose a Doctor that Values You *(Continued)*

Here are 8 Things to Look for in a Doctor:



### **Availability at night and on weekends:**

Sometimes, you need to contact your doctor after the office has closed. Make sure you are able to get in touch with your doctor any time you have an urgent concern.



### **Flexibility with your support system:**

You may want to bring your children or caregivers to your appointment, so they can help you make care decisions. Make sure your doctor will allow this.



### **Communication with your other doctors:**

You may see other specialists for different health needs. Will your doctor work with those doctors to coordinate your care?



### **A focus on healthy living:**

As you get older, your doctor should help you learn to lead a healthy life. That might mean tips on diet, exercise, and mental health. Make sure your doctor isn't only concerned about medical needs.



### **A good personality:**

You may spend a lot of time with your doctor. You should enjoy being around him or her!



# YOU SHOULD ALSO ASK ABOUT the doctor's office policies.

This can help you choose a doctor who fits your needs.  
Find out how they will handle:



## Transportation assistance:

Will the doctor's office help get you to and from your appointment?



## Hospital care:

If you need surgery or emergency care, will your doctor care for you in the hospital?



## Labs and tests:

Can you get your labs and other tests in the doctor's office, or do you have to go to another location?



## Same-day appointments:

If you have an urgent need, can you get a same-day appointment?

## Choosing a doctor is an important decision, especially as you get older.

Chen is committed to delivering superior healthcare to Medicare-eligible seniors. If you're looking for a new doctor, we could be the right doctor for you. See why 4 out of 5 patients would recommend Chen to family and friends.\*



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Some services are not covered under all plans. Check your plan documents for details and service availability at each individual center. Due to space and time limitations, some services are not available at all centers. Limitations, copayments and restrictions may apply.

\*ChenMed NPS scores from January thru April 2021, Medallia.