



# Claudia Cottone, MD

## LANGUAGES SPOKEN

English  
Spanish  
Italian

## SPECIALTIES

Primary Care

## EDUCATION

University of Palermo  
Northwestern Medicine McHenry Hospital  
University of Turin

## ASSOCIATIONS

Endocrine Society  
American Diabetes Association  
American College of Physicians  
American Medical Association  
American Association of Clinical  
Endocrinologists

## MY CENTER

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**“Setting realistic goals is my secret to helping my patients achieve their health goals.”**

### About Claudia Cottone, MD

Having grown up in the world of healthcare, Dr. Claudia Cottone realized early in life that she wanted to pursue medicine. “I’ve always admired my father’s determination and dedication towards his patients,” she says. She loves building relationships with patients and “becoming part of their health journey.” She explains, “I especially enjoy seeing my patients making changes towards better health in their lives.” She aims to treat patients holistically and with compassion and kindness. “Setting realistic goals is my secret to helping my patients achieve their health goals,” she explains.

When not with patients, Dr. Cottone can be found supporting her kids at soccer games and school events. She also enjoys relaxing at the beach.